

TIFFANY ROTHE

w o r k o u t s

Ambassador for Armed Forces
Mobile 2019

Featured Fitness Expert at the
2019 Essence Carnival

Host of an the Online Show
"The Insecure Cure" 2020

A photograph of Tiffany Rothe, a fitness instructor, in a lunge position. She is wearing a white sports bra and white shorts. She is holding two black kettlebells, one in each hand, on the ground. She is smiling and looking towards the camera. The background is a white brick wall.

Her mission
is to change
the world
one workout
at a time!

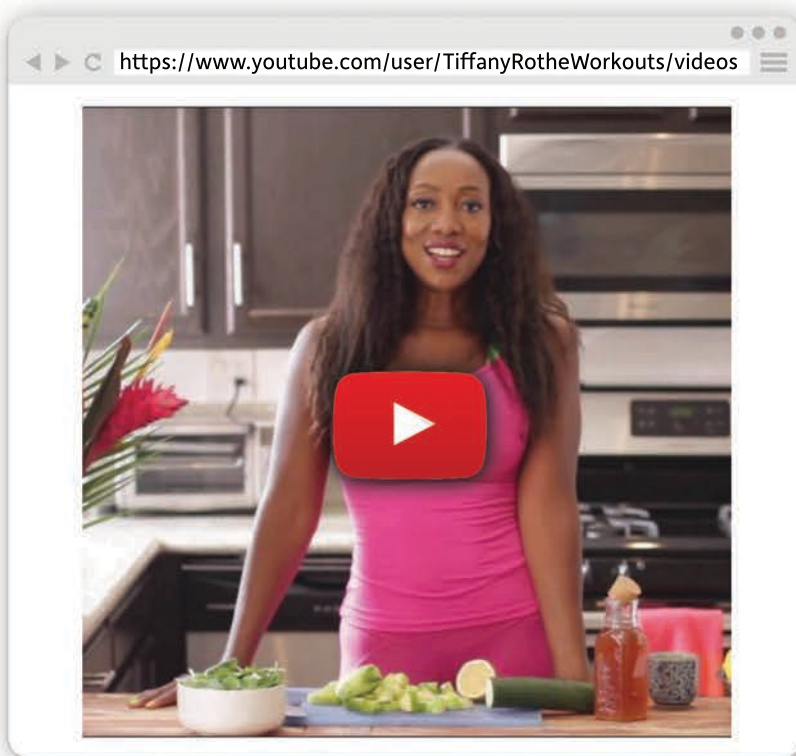
Tiffany Rothe is the founder of Tiffany Rothe Workouts on Youtube and the owner of the online gym sensation "The Tiffany Rothe Fit Club". Her widely sought after training and coaching techniques have landed her in the top 5% of the most popular female fitness trainers on YouTube. Tiffany's coaching and workouts have transformed thousands of lives worldwide.

- Her philosophy is to **TRAIN** the Mind, **WORK** the Body and **LIFT** the Sprit.
- Her workouts are highly effective, fun and innovative. You never get bored, which is why her fans continuously come back for more.

YOUTUBE SUBSCRIBERS 895,000
FACEBOOK FOLLOWERS 193,000
INSTAGRAM FOLLOWERS 53,000
TWITTER FOLLOWERS 6,000



Tiffany has worked with brands such as Warner Bros, Verizon, TMobile, ESSENCE, Ford Motors, Alo Yoga and Niyama Sol. She is a powerful, connected, inspiring leader at both "live" and "virtual" events. Her motivation is contagious and her method is clear. Everyone deserves to have a Fit, Fierce and Fabulous life. She was a spokesperson for the American Heart Association, she shared the same stage with Ciara, she has collaborated with Nicole Ari Parker from the hit show "Empire", and she was an invited guest speaker at Vidcon. She covered Jennifer Lopez's and Giuseppe Zanotti's shoe launch at Nieman Marcus. ESSENCE featured her as the health and beauty expert at Beauty Con. Tiffany has been featured on the Emmy award winning shows "The Real" and "Dr Oz" and she has been written up in a host of magazines.



TIFFANY ROTHE WORKOUTS HAS REACHED **150 MILLION** HITS ON YOUTUBE!

Demographics- 24-44

Female 85%, **Male** 15%

United States, Poland, Mexico

1 Million Views per month



tiffanyrotheworkouts@gmail.com

